



Hallowed



SHARE

your highs and lows

Break into pairs.
Listen carefully and
record your partner's
thoughts in the space
provided. Then return
to small group and
share your friend's
highs and lows.

MY HIGH THIS WEEK

MY LOW THIS WEEK

MY FRIEND'S HIGH THIS WEEK

MY FRIEND'S LOW THIS WEEK



READ

**and highlight
the theme verse
in your Bible**

"Hallowed be your name."

Matthew 6:9b



TALK

**about how the
Bible reading
might relate to
your highs
and lows**

Choose from the options below to enrich your Talk Time. Invite group members to take turns leading one or more of the following:

IMAGES

1. Choose either one of the cover photos, the cartoon, the ink art or the painting by Dr. He Qi (back page).
2. Where are you in this work of art?
3. How might the art and the theme verse relate to each other?
4. How might the art relate to your highs and lows?

ROLE PLAY

Assign roles and take turns acting out the following:

1. You just discovered your mom took an extra job so you could play a club sport that you otherwise couldn't afford. What do you say? How do you show thanks?
2. Your coach swears a lot at your team mates, the referees and at you. They misuse and abuse God's name in practically every other sentence. What do you say?

QUESTIONS TO PONDER

1. What was the last thing someone did that honored you? How did you feel?
2. Do you think God has the same feelings as people when honored or dishonored? Why or why not?
3. What does swearing have to do with the First Petition of the Lord's Prayer? Does the way we use God's name matter? What does it say about us? About our opinion of God?

QUOTATIONS

Choose a quotation (right column) and share your thoughts and questions about it.

I'm no theologian. I don't know who or what God is. All I know is that he's more powerful than Mom and Dad put together.

Lisa Simpson

Silent gratitude isn't much use to anyone.

Gladys Brown Stern

All the beautiful sentiments in the world weigh less than a single lovely action.

James Russell Lowell

God is the silent partner in all great enterprises.

Abraham Lincoln

Every formula which expresses a law of nature is a hymn of praise to God.

Maria Mitchell



Write a definition...

HALLOWED

HOLY

HONOR

PETITION

RESPECT



The Magi by Dr. He Qi (www.heqigallery.com)



PRAY

for one another's
highs and lows

Gather in a circle. Praise and thank God for your highs. Ask the Holy Spirit to be with you in your lows. Pray for your friend's highs and lows and for your world. Close in Jesus' name.

Prayers for Highs

Prayers for Lows



BLESS

one another

Trace the sign of the cross on one another's foreheads or palms.

**REMEMBER
1 THING**

The Almighty Creator is all-powerful, pure and holy. God's name deserves our reverence, respect, awe and honor.



FAITH
INKUBATORS

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